



Ma u baahnahay baaritaanka jirka ee TB-da?

Baaritaanka Qaaxada ama Tiibishada ee jirka waxaa lagula talin hayaa dadkaan hoos ku xusan oo kali ah:

- Dadka leh calaamadaha Qaaxada, ama
- Aad halis ugu ah inay qaadaan jeermiga qaaxada ama tiibishada dhaliyo, ama
- Aad halis ugu ah jiro hadii ay qabaan jeermiga cudurka qaaxada dhaliya.

Ma in la ibaaraa?

Laga yaabe inaad u baahantahay in lagu baaro hadii aad:

- Leedahay calaamadaha qaaxada sida (qufaca, daalka, habayn dhididka, qandhada, miisaandhac, dhiig qufacid)
- Aad la xiriirtay ama la dhaqanto qof cudurka Qaaxada qaba
- Aad tahay shaqaale caafimaad
- Aad ku nooshahay xabsi, hay'ada waalida (maanakoobiyo), ama guryaha dadka waaweyn lagu xanaaneeyo
- Aad ku noolaatay ama u safartay wadan ay dadku badi qabaan cudurka qaaxada
- Aad isticmaashay cirbadaha muqaadaraadka layskula duro
- Aad qabto xaalado gaar ah oo caafimaad sida
 - Kansarka (kaankarada)
 - Jeermiga HIV-da
 - Cudurka kalyaha oo halis ah
 - Aad qaadaneyso daawo isteerooydh ah
 - sokor
 - Miisaankaada uu aad u dhacsan yahay
 - silicosis

Daryeele caafimaad ayaa ku weydiin doono su'aalo, si loo ogaado inaad u baahantahay baaritaanka TB-da.

Fadlan u sheeg shaqaalaha caafimaadka:

- Haddii ay horay hubaal u noqotay inaad "baasatibo" tahay markii TB-da lagaa baaray, ama
- Haddii aad daawooyin horay ugu soo qaadatay cudurkan qaaxada ama tiibishada ama daawo looga hortagaayay cudurka TB-da

Maxay tahay hadii ay baaritaanka TB-da shardi ka dhigaan loo-shaqeeyahayga ama iskoolkayga?

Haddii uu shaqaalaha caafimaadku go'aansho inaad u baahnayn baaritaan, waxaa lagu siin doonaa warqad ku socota loo-shaqeeyahaaga, iskuulkaada, ama cidii baaritaanka kuu dirtay. Warqadu waxay cadeyndoontaa in baaritaankadii hore ee TB-da ay ahayd "negatifo", sidaas darteed aadan u baahnayn baaritaanka jirka.

Sideen ku bartaa in ka badan?

Waxa aad weydiisa dhakhtarkaaga ama kal-kaaliye. Weeydii takhtarkaaga ama kaaliyaha. Waxa aad wacda waaxda caafimaadka xaafadaada ama waaxda caafimaadka gobolka.

Qofwalba uma baahna baaritaanka jirka ee TB-da

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